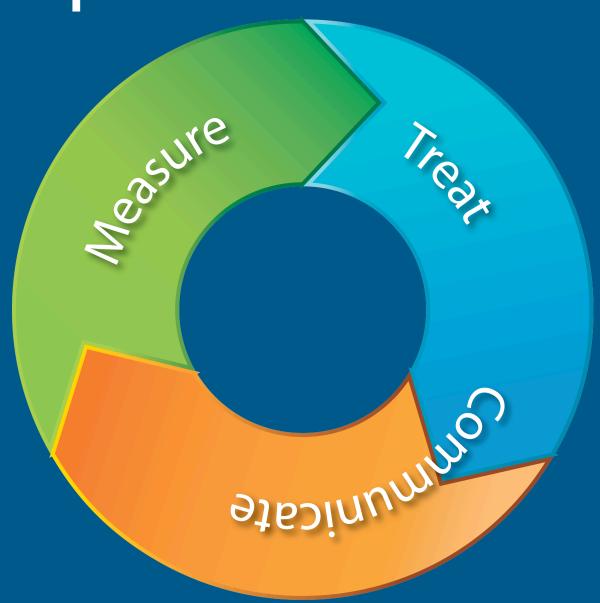
# Protohit

Patient Treatment
Optimization SaaS for
Workers' Compensation
Clinics

## Improve Outcomes \_





- Focus on Patient Outcomes
- Early Intervention
- Charting
- Case Management
- Encourage Innovation
- Real Time Efficacy
   Measurement

#### PAIN IN LOW BACK WITH NO RADIATION WITHOUT TINGLING OR MUSCLE WEAKNESS IN LEGS MMI AT 6 WEEKS

ICD-9: 724.2

week









Work Status: FULL OR ALTERNATE DUTY

Activity: LIMITATIONS APPROPRIATE TO FUNCTIONAL CAPACITY

Visits: OFFICE 1-3/WEEK

PT 0-3/WEEK

Medication: NSAIDS, ACETAMINOPHEN IF CONTRAINDICATIONS FOR NSAIDS, CAPSAICIN

> CREAM, MUSCLE RELAXANTS FOR MODERATE TO SEVERE PAIN NOT ALLEVIATED BY NSAIDS, OPIOID PAIN MEDICATION LIMITED USE (FIRST 1-2 WEEKS) FOR SEVERE PAIN

Physical Therapy: PROGRESSIVE WALKING PROGRAM, AEROBIC EXERCISE, STRENGTHENING

EXERCISE, DIRECTIONAL AND SLUMP STRETCHING, SELF-APPLICATION OF

HEAT OR ICE, MASSAGE, MANIPULATION OR MOBILIZATION

Tests: X-RAY, MRI, LAB TESTING IF CLINICALLY INDICATED DUE TO "RED FLAG" CONCERNS

Services: FEAR AVOIDANCE BELIEF TRAINING, WORK CONDITIONING OR WORK

HARDENING

Supplies: NONE





Subacute

Work Status: FULL OR ALTERNATE DUTY

Activity: LIMITATIONS APPROPRIATE TO FUNCTIONAL CAPACITY

Visits: OFFICE 1/WEEK

PT 0-3/WEEK

NSAIDS, ACETAMINOPHEN IF CONTRAINDICATIONS FOR NSAIDS, CAPSAICIN Medication:

CREAM, MUSCLE RELAXANTS FOR MODERATE TO SEVERE PAIN NOT ALLEVIATED BY

NSAIDS

Physical Therapy: WALKING PROGRAM, AEROBIC EXERCISE, STRENGTHENING

EXERCISE, DIRECTIONAL AND SLUMP STRETCHING, SELF-APPLICATION OF

HEAT OR ICE, MASSAGE, MANIPULATION OR MOBILIZATION

Tests: X-RAY, MRI, LAB TESTING IF CLINICALLY INDICATED DUE TO "RED FLAG" CONCERNS

Services: TRIGGER AND/OR TENDER POINT INJECTIONS, COGNITIVE BEHAVIORAL

THERAPY, FEAR AVOIDANCE BELIEF TRAINING, WORK CONDITIONING /

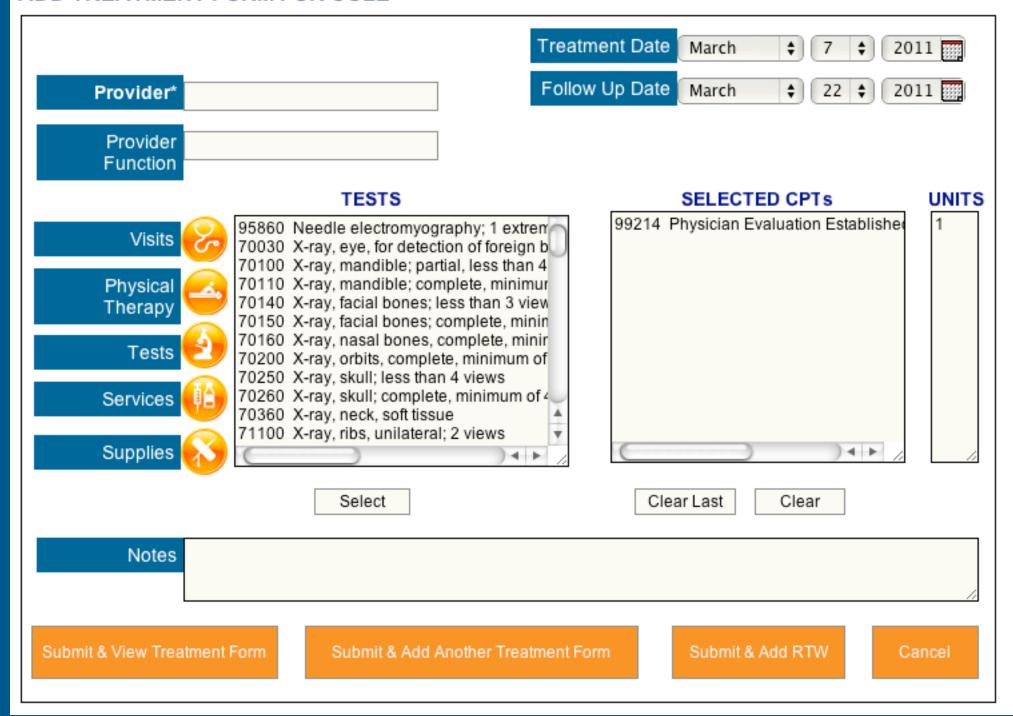
WORK HARDENING PARTICIPATORY ERGONOMICS PROGRAM

Supplies: NONE



Consult: REFER IF NOT MMI

#### ADD TREATMENT FORM FOR COLE



### Result - 12,000 Cases

Medical Costs Down 15%

Increased Patient Coverage

Decrease Chronic Conditions

UC \$4-\$5M Target Reduction